

HIGHLIGHTS

"Tibet in Song" portrays the ancient tradition of Tibet's folk music and looks at the role it has played in shaping Tibet's legacy in **MANCHESTER CENTER** on the 11th. In the wake of Ngawang Choephel's seven-year prison term for doing the filming, the short documentary has become a testament to the power of music to transcend fear and oppression. ... Freeride **MONTPELIER** holds an Open House on the 12th to celebrate its first day in operation. It is a volunteer-staffed, cooperatively run bike shop providing used bikes to promote human-powered transportation for the whole community and help with bike maintenance. ... In a similar vein and on the same day, there is a Pedestrian and Bicycle Summit in **SOUTH BURLINGTON** to prioritize gaps in the regional pedestrian/bike network and develop action plans for tackling the most pressing problems. ... "Amazing Women of **CHITTENDEN COUNTY**" airs on the 13th in honor of Mother's Day and provides brief commentary on the lives of one woman from each town in the county, except in Winooski, where women's operatives at the Champlain Mill are discussed. ... The vocal art of throat-singing is a musical tradition from the remote region called Tuva, wedged between Mongolia and Siberia. The Alash Ensemble performs in this tradition in **WOODSTOCK** on the 15th. ... In **MANCHESTER CENTER** on the 16th, Peter Quinn shares his latest book. While searching his own past and the lives of the hundreds of thousands of nameless immigrants who struggled alongside his ancestors, Quinn paints a brilliant portrait of the Irish Americans whose culture now is part of our own. ... John and Wendy Sinton present a musical slide show of photographs from "Connecticut River Boating Guide: Source to Sea" in **MANCHESTER CENTER** on the 17th. Having paddled the entire 410 miles of the river, they have many recommendations for interesting day trips. ... An exhibit of photographs of turn-of-the-century **ST. JOHNSBURY** from the athenaeum's archives and other sources is part of a Gala on the 18th. Elegant food and spirits are served.



SpielPalast Cabaret starts its run in BURLINGTON on the 11th.

Friday
May 11

ART

College Senior Art Exhibits Reception — MARLBORO

— Marlboro College seniors exhibit ceramics, mixed media, and intaglio prints. Ian Jones presents an exhibit of utilitarian ceramics employing Japanese clay traditions. Using mixed media and intaglio printmaking, Sara Wise exhibits abstract complex narratives on the paths individuals take to engage with their environment in **WORKS ON PAPER**. 4:30 PM. Exhibit through May 16. Sun.-Fri., 1-5 PM. Marlboro College, Drury Gallery. Kathy Reynold, 251-7644; www.marlboro.edu and click on the "News" link.

FOUR SCULPTORS: OTHER DIMENSIONS — BRATTLEBORO

— Four artists with southern VT connections exhibit large-scale, abstract sculptures in wood, metal, resins, computer-cut stone, and found

objects. In addition, they each show several works on paper related to their sculpture. Accessible. Through Aug. 5. \$4; \$3/senior; \$2/student. Wed.-Mon., 11 AM-5 PM. Brattleboro Museum & Art Ctr., Union Station, intersection of Main St. (Rte. 5) and Rtes. 119 and 142. 257-0124; www.brattleboro-museum.org.

DANCE

WHILE ICARUS KEEPS FALLING and THE HEALING WAITS — MARLBORO

— Choreographed for 12 dancers, Wylin Daigle's **ICARUS** combines contemporary dance, butoh, and theatre with images of Dante's **THE DIVINE COMEDY**. Christina Knoepfel's **HEALING**, a collaborative work for six dancers, explores the connection with and disconnect from nature and spirit. 7 PM. Marlboro College, Serkin Ctr. Kathy Reynolds, 251-7644; www.marlboro.edu and click on the "News" link.

FILM



TIBET IN SONG — MANCHESTER CENTER — Tibet music scholar Ngawang Choephel presents his short documentary that portrays the ancient tradition of Tibet's folk music and looks at the role it has played in shaping Tibet's legacy. In the wake of Choephel's seven-year prison term for doing the filming, **TIBET IN SONG** has become a testament to the power of music to transcend

fear and oppression. 7 PM. Northshire Bookstore, 4869 Main St. 362-2200 or (800) 437-3700; www.northshire.com.

MUSIC



Brooks Williams — BRATTLEBORO

— The acoustic guitar maestro, singer, and songwriter shares the bill with folk duo Alien Folklife. Williams is a stunning blues-soaked, rhythmic, and soulful guitarist. His musical vision spans continents and genres of blues, slide, swingin' jazz, and fingerstyle and manifests itself in a hybrid of funky chords, walking bass lines, and fiery leads. \$14; \$12/senior, student. 8 PM. Hooker-Dunham Theater & Gallery, 139 Main St. Reserv., 254-9276; www.brookswilliams.com; www.alienfolklife.com.

THEATRE

CABARET — MIDDLEBURY

— The 1966 Broadway musical, based on John Van Druten's play **I AM A CAMERA**, based on the novel **GOOD-BYE TO BERLIN** by Christopher Isherwood. Set in Belin at the beginning of the Third Reich, the story follows the romance of an English cabaret performer and a US writer. By Joe Masteroff, lyrics by Fred Ebb, music by John Kander. \$5; \$4; \$3. 8 PM. Today only, pre-performance dinner, \$15, 6:30 PM, Rehearsals Café. Middlebury College, Ctr. for the Arts, Seeler Studio Theatre, Rte. 7. Reserv., 443-6433 or <http://go.middlebury.edu/tickets>.

JUDEVINE — MONTPELIER

— Lost Nation Theater presents David Budbill's best-known play, a tribute to the real VT — the one that still exists on

its gritty back roads. It is written "with rare honesty, affection and grace — and with language so precise and descriptive you will know immediately you're soul-deep in something extraordinary." — **THE LOS ANGELES DAILY NEWS**. 8 PM. City Hall Arts Ctr. Reserv., 229-0429 or www.lostnationtheater.org/html/shows/judevine.htm.

SpielPalast Cabaret — BURLINGTON

— What do you get when you cross the shadowed underbelly of a 1920s Berlin nightclub with the eclectic energy of some of Burlington's most talented, daring, and scantily-clad performers? More than you bargained for, and then some. The raucous theater of the absurd offers unabashed commentary on the margins of the human condition. \$20; \$18/adv. 8 PM. City Hall, Contois Auditorium, Church St. Reserv., Flynn Regional Box Office, 153 Main St. or 863-5966 or www.flynnntix.org.

WORDS

RAPID REVIEWS: 41 BOOKS IN 41 MINUTES — MARLBORO

— Students Tessa Walker, Sarah Fielding, and Hayley Shriner are joined by staff member Beverly Behrmann and faculty member Brian Mooney to review some of their favorite books in one minute of less. Inc. fiction and nonfiction raging from young-adult favorites by Lois Lowry, to controversial Nobel Prize-winner Orhan Pamuk. 3 PM. Marlboro College, Apple Tree Bldg. Kathy Reynolds, 251-7644; www.marlboro.edu and click on the "News" link.

Saturday
May 12

ART

Studio Place Arts eBay Fundraiser Collection — BARRE

— When you roll up your sleeves to tackle spring cleaning this season, consider donating a few treasures or trinkets to SPA. Your "trash" may truly be someone else's "treasure." Volunteers on hand to collect donations. Benefits SPA's exhibits and educational activities. 10 AM-2 PM. Studio Place Arts, 201 N. Main St. 479-7069; www.studioplacearts.com.

COMMUNITY

Grand Opening — ESSEX — Taste and learn more about the products the store offers. Free food samples. Meet VT farmers and food producers and learn more about their products. Guided store tours, 10 AM, 1 PM. Door prizes. Hot lunch available. Cooking demo, noon. Joey the Clown and Bounce Betty (a bounce house), noon-2 PM. The Point FM 104.7 with giveaways and music, 11 AM-1 PM. Children's art contest. 10 AM-4 PM. Sweet Clover Market, Essex Shoppes and Cinema, next to the Paper Factory. 872-8288; www.sweetclovermarket.com.

Green Mountain Folklore Society — BURLINGTON — Spring meeting of the society. Visitors welcome to look at Vermont folklore. Free. 9 AM-3 PM. First Baptist Church, 81 St. Paul St. 879-1925; imiinv8@yahoo.com.

Open House — MONTPELIER — Freeride Montpelier is a volunteer-staffed, cooperatively run bike shop providing sliding-scale, affordable memberships, used bikes to promote human-powered transportation for the whole community, and help with bike maintenance. Noon-6 PM. Freeride Montpelier, 89 Barre St.; around back, follow the signs. freeridemp@gmail.com; http://lists.riseup.net/www/info/freeridemontpelier.

EDUCATION

"Making THE SECRET Work for You" — BRISTOL — You've seen or heard about the film THE SECRET. If only you knew how to attract good things to yourself! Learn self-hypnosis techniques to make it happen for you. Led by Clinical Hypnotherapist Kerry Skiffington, PhD, Dhyp, CHt. \$45. 9 AM-noon. Lawrence Memorial Library, North St. Regis., 388-5885.

Open House — BURLINGTON — College transfer students and high school juniors explore majors with faculty, tour the campus, hear from a financial aid professional, learn about the admission process, check out clubs and activities, and enjoy brunch in the campus dining hall. Transfer stu-

dents have the opportunity to talk to counselors about which credits can transfer to Champlain. Maple St. Regis., (800) 570-5858 or www.champlain.edu.

(Re)learning to Feed Ourselves — BRATTLEBORO — A root cellar workshop inc. slides led by Robert King, who lives (and does his gardening) in Putney. He offers ways to construct and operate a root cellar, and how to make use of existing cellar and other space in a home. He also inc. advice about planting and harvest schedules. King has a lifelong interest in homestead gardening for the purpose of providing food throughout the entire year. \$5. 10:30 AM-12:30 PM. Brooks Memorial Library, Main St. Regis. needed, 869-2141 or info@postsoilsolutions.org.

"The First Jewish Community in Vermont" — SOUTH BURLINGTON — Middlebury College professor Dr. Robert Schine offers a fascinating lecture about his research and discoveries surrounding the first Jewish community in Poultney, VT. Lecture and dessert follow Havdallah. 7:45 PM. Temple Sinai, 500 Swift St. Tara, 862-5125 or info@templesinaivt.org.

MUSIC

IS WHAT?! — BURLINGTON — "IS WHAT?!" are going to rescue hip-hop. The trio are part of a movement that is promising to bring originality back to underground beats." — STYLUS. On their latest offering, THE LIFE WE CHOSE, the group concocted a fierce social statement propelled by music equally as potent. MC Napoleon Maddox's old school beat-box stylings and "right the power" rhymes are matched by tenor saxophonist Jack Walker's blistering horn work. \$8. 9 PM. Club Metronome, Main St. www.myspace.com/iswhatsince1997.

OUTDOORS

Pedestrian & Bicycle Summit — SOUTH BURLINGTON — How could our region become a better place to walk and bike? Residents, planners, and public officials come together to ID strategies to improve conditions for walk-

ing and bicycling in Chittenden Co, focusing on regional connections. Attendees prioritize gaps in the regional pedestrian/bike network and develop action plans for tackling the most pressing problems. 9 AM-12:30 PM. St. John Vianney Parish Hall, 160 Hinesburg Rd. Peter Keating, 660-4071 x14, or Chapin Spencer, 652-2453 or chapin@localmotion.org.

THEATRE

CABARET — MIDDLEBURY — See May 11 for details.

JUDEVINE — MONTPELIER — See May 11 for details.

SpielPalast Cabaret — BURLINGTON — See May 11 for details.

WATERFALL CELEBRATION — WINOOSKI — Come join Peter Burns for a performance art celebration of the sounds, sights, and vibrations of the Winooski Waterfall. Free. 8:30 AM. Gray platform next to the Winooski Waterfall. peterbu@howardcenter.org.

Sunday
May 13

COMMUNITY

Mother's Day Brunch — GUILFORD CENTER — All-you-can-eat eggs and omelets made to order, pancakes, French toast, fruit salad, homemade muffins, cakes, pies, and more. \$8; \$7/senior; \$4/age 2-12; free/age 1-.

EDUCATION

AMAZING WOMEN OF CHITTENDEN COUNTY — CHITTENDEN COUNTY — Penny Pillsbury provides brief commentary on the lives of one woman from each town in the county, except in Winooski, where she shares info. about women's operatives at the Champlain Mill. 6 PM. Comcast Channel 16.

German-English Conversation Group — BURLINGTON — English speakers practice foreign language conversation with native speakers of German and vice versa. Join the group and meet members of your community with similar language interests. Fluency is not required. Free. 3 PM. Fletcher Free Library, 235 College St. Info or to start

VERMONT INDIE
FILM HOUSE GUIDE

Catamount Film Series

(An Unreasonable Man
— 4/20-4/26)



AN UNREASONABLE MAN is a documentary about citizen activist Ralph Nader.

Showtimes: 7 p.m. (nightly),
9 p.m. (Saturdays),
1:30 p.m. (Sundays)

748-2600 | www.catamountarts.org | St. Johnsbury

Roxy Theater

(Grindhouse — 4/20-4/26)



GRINDHOUSE has directors Quentin Tarantino and Robert Rodriguez offering a double-bill of thrillers that will recall both filmmakers' favorite exploitation films.

Showtimes: 1, 2:40, 4:30, 6:05, 8

864-FILM | www.merrilltheatres.net | Burlington

THINKGLOBAL • WATCHLOCAL

Savoy Theater

(The Painted Veil — 4/20-4/26)



THE PAINTED VEIL is about a young English couple, a social misfit of a British bacteriologist and a headstrong Kitty, a seductively dangerous blend of fire and ice. Please attend the after-film discussion on April 12 led by Alice Wuertele.

Showtimes: 6:30 (nightly)
1:30 (Sat, Sun, Mon.)

800-676-0509 | www.savoytheater.com | Montpelier

Latchis Theater

(In the Land of Women
— 4/20-4/26)




IN THE LAND OF WOMEN is a romantic comedy/drama about trying to make sense of love.

Showtimes: 7, 9 nightly
2 (Saturday & Sunday)

246-1500 | www.latchis.com/theatre.html | Brattleboro

To list an upcoming film, or film series, in the Guardian contact us at sales@vermontguardian.com, or call 861-4880 (Winooski) or 246-5677 (Brattleboro).



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TWO WORKSHOPS WITH
 Linda Tambarello, MA, LCMC
 Friday, 9-5 May 4, 2007 for Psychotherapists

HEALTH.

Vermont Guardian readers shop at a natural or health food store twice a week, and 85 percent enjoy physical fitness or exercise weekly.

To advertise your business in this space, e-mail sales@vermontguardian.com.

The Health & Fitness Guide will run throughout the winter and spring.

a different language group, Amber Gaster, 865-7211.

THEATRE

JUDEVINE — MONTPELIER — See May 11 for details. 2 PM.

SpielPalast Cabaret — BURLINGTON — See May 11 for details.

Tuesday
 May 15

COMMUNITY



Kids on the Block-Vermont Celebration — SOUTH BURLINGTON — Highlights inc. the presentation of the Silver Anniversary Award to former Gov. Madeleine M. Kunin and the Puppets' Choice Award to Allen Robinson. Both honorees were chosen for their outstanding contributions advocating for the welfare of children in VT. Dinner, pictorial overview of KOBVT's 25 years, and silent auction. Dinner: \$25; \$10/child. 6-9 PM. Temple Sinai, 500 Swift St. RSVP, 860-3349 or Award@KidsontheBlockVermont.org.

EDUCATION

Tai Chi Tuesdays — WALLINGFORD — Interested in learning Tai Chi? Join Doug Reeves for a complementary, 30-min. intro. session prior to class. Learn the basic principles and concept of Tai Chi within the Yang style long form. Tai Chi Chuan is part of a system of Chinese internal martial arts that helps to promote health, relaxation, and dynamic balance in the practitioner. Free. Regular class, \$12, 6 PM. Gilbert Hart Library, S. Main St. (Rte. 7). To schedule free session, 446-3566.

Vermont Area Group of Unix Enthusiasts — BURLINGTON — Topic for the monthly meeting is still up for discussion. Free. 7 PM. UVM, Waterman Rm. 113-T (the Mac lab), 438 College St. ajwsurfer@juno.com; www.uvm.org/vague.

MUSIC



The Alash Ensemble — WOODSTOCK — The vocal art of throat-singing is a musical tradition from the remote region called Tuva, wedged between Mongolia and Siberia. Since their last Woodstock appearance, the group was reviewed in THE WALL STREET JOURNAL, interviewed in NEWSWEEK, released their first US CD, and performed at the Mongolian festival in Taiwan honoring the 800th anniversary of Genghis Khan. 7:30 PM. Woodstock Town Hall Theatre. Reserv., 457-3981 or www.PentangleArts.org; www.alashensemble.com.

WORDS

Peggy Sapphire — MONTPELIER — The VT author reads from A POSSIBLE EXPLANATION. Reception follows. 7 PM. Beth Jacob Synagogue, 10 Harrison St.; go to the rotary on Main St., bearing R onto Upper Main St., R onto Loomis St., first L.

"Vermont Writers" — ENOSBURG FALLS — This series uses literature set in VT between WWI and the 1990s to open conversation. Today, Archer Mayor's OPEN SEASON with Ward Heneveld. Accessible. Free. 7 PM. Enosburg Public Library. Alan Stirt, 933-2125.

Wednesday
 May 16

EDUCATION

Building Sustainable Communities — BRATTLEBORO — The monthly forum features the presentation "From Rags to Niches: In Pursuit of Non-Commodity Agriculture and a More Local Food System in Vermont" by local sustainable food expert Vern Grubinger. Light refreshments. Free/donation. 7 PM. Marlboro College Graduate Ctr., Rm. 2 East. Reserv.

encouraged, 869-2141; info@postoilsolutions.com.

WORDS

Peter Quinn — MANCHESTER CENTER — The author discusses LOOKING FOR JIMMY: A SEARCH FOR IRISH AMERICA. The grandson of Irish Famine-era immigrants, Quinn takes the reader on a personal and historical journey through three generations of Irish Americans. While searching his own past and the lives of the hundreds of thousands of nameless immigrants who struggled alongside his ancestors, Quinn paints a brilliant portrait of the Irish Americans whose culture now is part of our own. 7 PM. Northshire Bookstore, 4869 Main St. 362-2200 or (800) 437-3700; www.northshire.com.

Thursday
 May 17

ART

Museum Guided Tour — BRATTLEBORO — Chief curator Mara Williams offers a lively and informative guided tour through the museum's newly opened exhibits. Her popular tours are always entertaining and enlightening, full of art history, philosophical concepts, anecdotes, technical analysis, and personal insights. Accessible. \$4; \$3/senior; \$2/student. 7:30 PM. Brattleboro Museum & Art Ctr., Union Station, intersection Main St. (Rte. 5) and Rtes 119 and 142. 257-0124; www.brattleboromuseum.org.

COMMUNITY

Booked for Lunch — BURLINGTON — Presentation by Cindy Post Senning of the Emily Post Instit. Light lunch provided. Donation. Noon. Fletcher Free Library, Community Rm., 235 College St. 863-3403.

MUSIC

The Disco Biscuits — SOUTH BURLINGTON — Everyone who brings 10 can/items to the show receives a free concert poster by JDK Design. These two-color, artist signed and numbered screen prints are only available at the show. Prints also available for \$10. Benefits the Chittenden Emergency

calendar • • • • •

Food Shelf and Conscious Alliance. \$27; \$25/adv. 9 PM. Higher Ground, 1214 Williston Rd. Reserv., (888) 512-SHOW or www.higherground.com; 652-0777.

THEATRE

SpielPalast Cabaret — BURLINGTON — See May 11 for details.

WORDS



John and Wendy Sinton — MANCHESTER CENTER — Boaters of all persuasions enjoy a slide show featuring photographs from the authors' CONNECTICUT RIVER BOATING GUIDE: SOURCE TO SEA. The Sintons have set the book's photos to music in a short show encompassing the entire river, highlighting its wonderful, changing nature. Having paddled the entire 410 miles of the river, they have many recommendations for interesting day trips. 7 PM. Northshire Bookstore, 4869 Main St. 362-2200 or (800) 437-3700; www.northshire.com.

Friday
May 18

ART

"Three Fridays in May: Conversations on Contemporary Art in Vermont" — STOWE — Featuring works by Giovanna Ceccetti, Judith Stone, and Paula McCullough. Ric Ka-

sini Kadour, VT editor for ART NEW ENGLAND, examines these artists' works as harbingers of a new way of working — a hybrid of traditional and new methods. Kadour suggests that these artists are uniquely collectible because their art forms are developing in response to our increasingly computerized era. Reception, 6 PM; comments, 6:45 PM. West Branch Gallery & Sculpture Park, Mtn. Rd. (Rte. 108). Amy Rahn, 253-8943 or amy@stowevt.net.

COMMUNITY

Gala — ST. JOHNSBURY — This year, along with elegant food and spirits, the athenaeum hosts an exhibit and auction of altered books by some of the area's most gifted artists. In addition, THE WAY WE WERE, an exhibit of photographs of turn-of-the-century St. Johnsbury from the athenaeum's archives and other sources is open in the new second floor gallery space. \$35. 7:30 PM. St. Johnsbury Athenaeum. Reserv., 748-8291.

Mental Health Recovery Day — BURLINGTON — George Nostrand, a nationally known speaker, and others who have been through severe mental illness tell their personal stories of recovery. Nostrand is also a popular musician and provides entertainment. Lunch. Free/donation. 10 AM-3 PM. ECHO, 1 College St., waterfront. Dana, 985-8148.

DANCE

PERFORMANCE 2007 — BARRE — The annual show of Montpelier's Contemporary Dance and Fitness Studio features children, teens, and adults performing bal-

let, tap, hip-hop, and jazz dance. \$12; \$10/adv. Barre Opera House. 229-4676.

MUSIC

The Disco Biscuits — SOUTH BURLINGTON — See May 17 for details.

THEATRE

SpielPalast Cabaret — BURLINGTON — See May 11 for details.

WORDS



Dorie McCullough Lawson — MANCHESTER CENTER — The author presents her debut novel, ALONG COMES A STRANGER, which tells the story of Kate Colter, a New England transplant who still feels like an outsider in the desolate Wyoming town she's lived in for 15 years. With a paleontologist husband who travels a lot, she's lonely and misses her past in the East. 7 PM. Northshire Bookstore, 4869 Main St. 362-2200 or (800) 437-3700; www.northshire.com.

THE NATION Discussion Group — BURLINGTON — Discussion group forming for readers of the magazine every other Friday. 5:15 PM. Peace and Justice Center, upper Church St.

The Vermont Guardian encourages readers to support these local restaurants that, in turn, support our local farmers.

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www.TANTRAORGANIC.com

FOOD.

According to a survey, Vermont Guardian readers:

- Dine out more than once a week
- Shop at a natural foods or health food store at least twice a week
- Enjoy gardening.

VERMONT FRESH NETWORK
FARM & CHEF PARTNERSHIP

These restaurants and food providers are part of the Vermont Fresh Network, which is dedicated to promoting and publicizing Vermont chefs and restaurants that use Vermont grown and produced foods. Chefs that purchase the products of our working landscape are helping to maintain this agricultural heritage and contribute to the future of Vermont's farm economy. To learn more, go to the www.vermontfresh.net.

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